

Creating Your Best Future Self

If my future self walked into the room right now, I would see

Two positive adjectives that best describe my future self are

My future self likes to relax by doing these activities.

Three great qualities I share with my future self are:

One quality my future self has that I haven't yet developed is:

My future best self looks in the mirror and sees:

My best self reacts to a challenge by:

Overall, my future self feels which emotion about life?

My best future self reacts to a setback by:

If my future best self could travel back in time and give me advice, it would be:

My future self describes success as

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